

**TRANSITIONS:  
Moving  
Forward in a  
Time of Change**





## OUR MISSION

As a local, independent provider, our mission is to offer accessible, evidence-based, and compassionate health care, including abortion, family planning, gynecology, gender-affirming services, community education, and sexual health support.

## OUR VISION

Women's Health envisions an informed community of people empowered to make health-related choices that support vibrant, full lives.

## OUR VALUES

### CARE

We provide medically accurate information and individualized, evidence-based care to our community, regardless of a patient's race, ethnicity, income, sexual orientation, gender identity, physical attributes, immigration status, or language.

### COMPASSION

We demonstrate compassion in everything we do. We are committed to maintaining a respectful, kind, caring, inclusive, and safe environment for our patients and our staff.

### COMMUNITY

As a local provider, we contribute to the vitality of our community by removing barriers to access; offering patient care through the lens of the social determinants of health; and continually supporting reproductive justice.

# RENEWING OUR COMMITMENT

## A MESSAGE FROM OUR PRESIDENT

The year 2019 was one of great change for Boulder Valley Women's Health Center. But as with most change, it was ripe with opportunity.

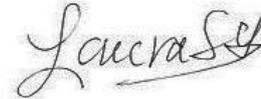
To preserve our mission and protect our current and future patients, we made the difficult decision to withdraw from Title X (see next page for details). While that decision created financial challenges for our organization, it also created a renewed sense of purpose and commitment and allowed us to state clearly to our community that we intend, as we always have, to provide the full range of reproductive health care, including abortion, to all who need our services.

In 2019, we also saw the retirement of our longtime Executive Director/CEO who advanced the organization over many years. But again, in this moment of change, we looked for opportunity. Our leadership and team members rose to the occasion and used what could have been a tremendous leadership vacuum to reassess and renew our commitment to excellence in all areas for both our patients as well as everyone who works at Women's Health.

We were fortunate to recruit a new CEO who is committed to ensuring that Boulder Valley Women's Health Center continues to be a place where quality, inclusive health

care and a welcoming workplace reinforce each other to create the environment our community expects and our patients deserve.

Sincerely,



Laura Stark Ghayur,  
President,  
2019  
Board of  
Directors



# STAYING GROUNDED IN OUR MISSION

## THE "GAG RULE" AND OUR WITHDRAWAL FROM TITLE X

On July 15, 2019, the Trump Administration notified Title X clinics that the long-threatened "Gag Rule" would be effective immediately.

Title X is the federal family planning program which Women's Health has participated in since 1983. It subsidizes birth control, pregnancy tests and counseling, annual exams, breast and cervical cancer screenings, and STI screenings for low-income and uninsured adults and teens.

Under the Gag Rule, abortion providers are disqualified from Title X unless they physically and financially separate their abortion

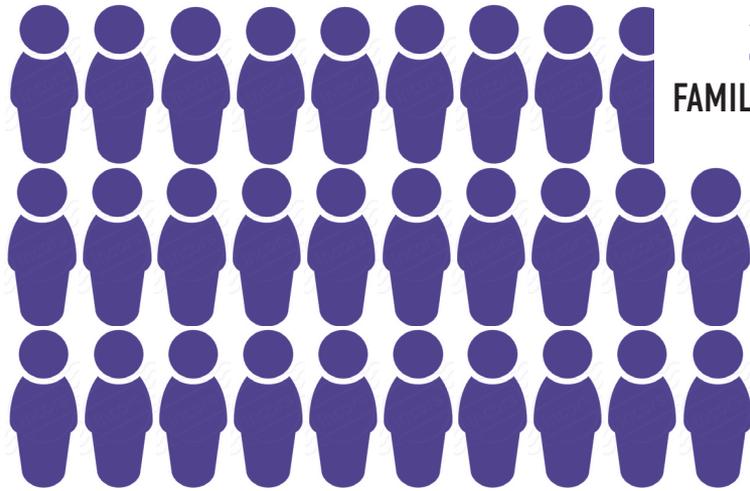
and family planning services. Abortion referrals are banned, even upon patient request, preventing providers from giving patients honest and complete information about their pregnancy options. This also undermines trust in the doctor-patient relationship and disrespects patient autonomy in medical decision-making.

Women's Health was founded in 1973 as the first abortion clinic in Colorado. Our commitment to providing abortion care and ethical, high quality patient-centered care in all of our medical services is unwavering. We did not feel we could do this within the framework of the new rules. Therefore,



Women's Health withdrew from the federal Title X program, turning down nearly \$500,000 a year in federal funds. Thanks to funding from the CDPHE State Family Planning program, and the generosity of our donors, we have been able to continue to subsidize care for patients in need.

# MAKING HEALTH CARE ACCESSIBLE



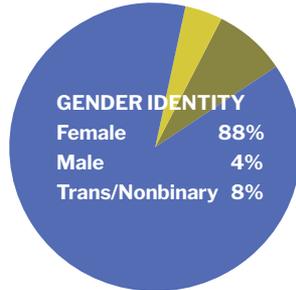
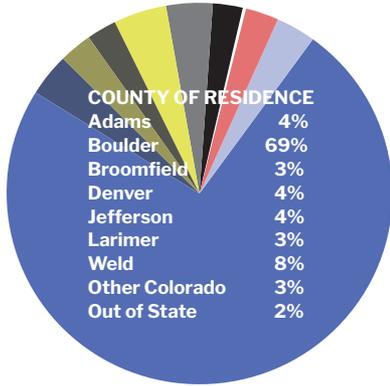
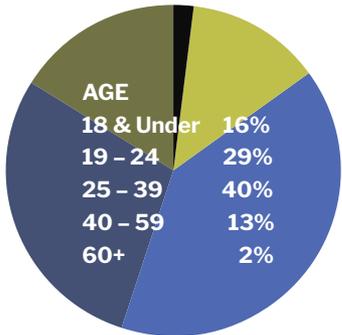
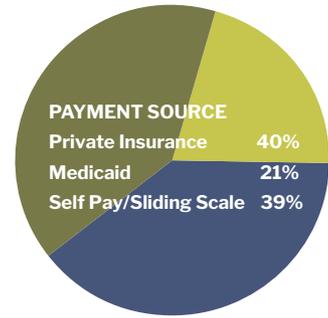
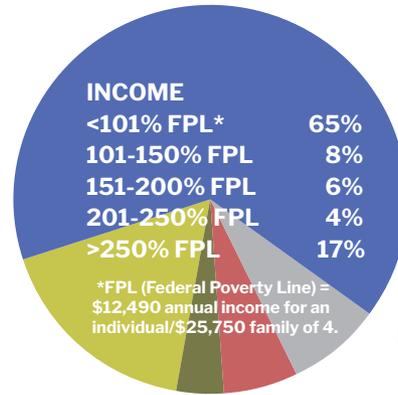
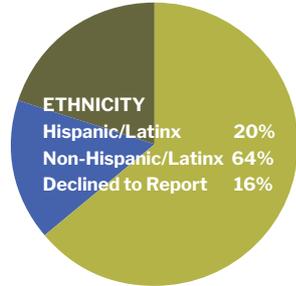
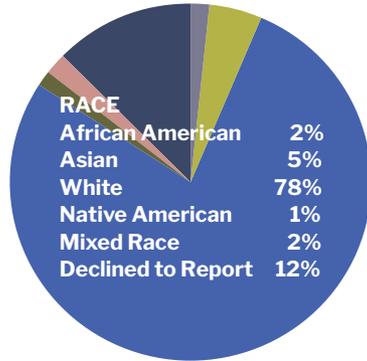
**3851**  
PATIENTS CLINIC WIDE\*

\*Unduplicated number. Some patients seen in more than one program.



One figure = 100 patients

# SERVING THE TRADITIONALLY UNDERSERVED



Our patients tend to be young, lower income, and more racially/ethnically diverse than Boulder County as a whole. We aim to be accessible to those who typically face barriers to healthcare: the Latinx community, including immigrants and monolingual Spanish speakers, the LGBTQ+ community, teens, and those who are uninsured, underinsured or on Medicaid.

# PROVIDING FAMILY PLANNING AND GYNECOLOGY

## Family Planning & Preventive Healthcare Services

Family planning/preventive health services include annual exams and Paps; birth control, including long-acting reversible contraception (LARC), permanent and emergency contraception; testing and treatment for sexually-transmitted infections (STIs); pregnancy tests and all-options counseling; breast exams and referrals for free mammograms for patients with financial need; and menopausal care.

To reduce barriers of cost, Women's Health accepts Medicaid and insurance and offers services on a sliding fee scale for the uninsured.

## Complex Gynecology

In addition to our Family Planning programs, our Medical Director, a board-certified Ob-Gyn, provides specialized care for gynecological disorders or abnormalities. Complex gynecological treatments include colposcopy, LEEP, cryosurgery and endometrial biopsies.

# 2,864

PATIENTS IN OUR FP/PREVENTIVE HEALTHCARE PROGRAMS

## 65%

UNDER THE FEDERAL  
POVERTY LINE\*

\*\$12,490 annual income for an individual and \$25,750 for a family of four.

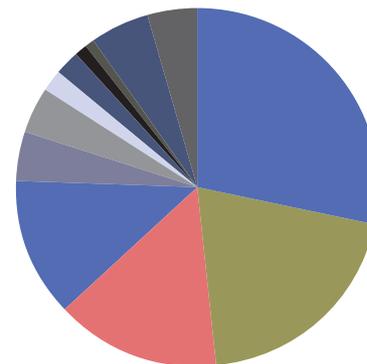
## 83%

BELOW THE LIVING WAGE  
FOR BOULDER COUNTY\*

\*\$31,034 annual income for an individual and \$77,834 for a family of four (livingwage.mit.edu).

## CONTRACEPTIVE USAGE BY METHOD

BVWHC patients, 2019



IUD/IUS	27%
Oral Contraceptives	19%
Condoms	14%
Nexplanon Implant	12%
Depo Provera Shot	4%
Abstinence	4%
Contraceptive Ring	2%
Sterilization (male or female)	2%
Fertility Awareness	1%
Withdrawal	1%
None	5%
Unknown	4%

# WELCOMING PEOPLE OF ALL GENDERS

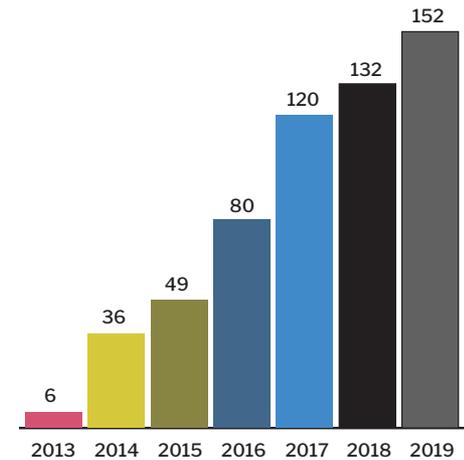
## Transgender & Nonbinary Services

Women's Health welcomes people of all genders and sexual identities for all of our services. We seek to be a welcoming and safe place. We are committed to using correct names and pronouns and to respect all aspects of a patient's identity.

In 2012, we began offering hormone therapy (HT) for transgender clients after identifying an unmet need for these services in Boulder County. This program has continued to grow each year. We are now a leading provider for HT in Boulder County as well as other preventive health care services for transgender and nonbinary folks.

## Men's Health

BVWHC offers a number of men's health services, including testing and treatment for sexually-transmitted infections (STIs), birth control consults and supplies, vasectomies, colon cancer screenings, and decision counseling for unexpected pregnancy.



## Growth in Trans Hormone Therapy Program

(unduplicated patients)

In 2019, 152 patients were seen for Transgender Hormone Therapy.

# CONNECTING PATIENTS TO THE CARE THEY NEED

## Breast Health Program

Our Breast Health program connects people to the care they need, and for patients with economic need, financial assistance for that care. After providing the initial breast exam, we assist patients through the screening and diagnostic process, including mammograms, ultrasounds, biopsies, and surgical consults. Funding is provided by the Women's Wellness Connection (WWC), and our own in-house Breast Health fund.



312  
Referrals  
for Breast  
Imaging

86 Patients  
Received  
Funding

## Patient Advocacy & Case Management

As a Patient-Centered Medical Home, Women's Health coordinates care for our patients for follow-up care, specialty care or services outside our scope of practice.

**Outgoing Referrals:** Our Patient Advocates coordinate care for a broad range of medical services, including mental health, gastrointestinal, urological and dermatological care, pelvic imaging and pelvic floor therapy, sleep medicine, gender affirmation surgery, colorectal cancer screenings, or other specialty care that is indicated during the patient's exam.

**Incoming Referrals:** Patient Advocates also manage incoming referrals from local physicians and medical practices.

**Non-Medical Resources:** In addition, Patient Advocates work to reduce barriers to care and connect our patients to resources for vital non-medical needs such as food assistance, transportation, clothing, housing, shelter, childcare, and safety from interpersonal violence.

**1,027**  
TOTAL REFERRALS IN 2019

# OFFERING COMPASSIONATE ABORTION CARE

## First-Trimester Abortion Care

Women's Health was founded in 1973 as the first abortion clinic in Colorado. Today, we continue to provide compassionate, expert first-trimester abortion care in the quiet and secluded environment of our Boulder clinic. Patients have the option of medication abortion or an in-clinic procedure.

Women's Health is

certified by the National Abortion Federation and is a member of the Abortion Care Network, a national association for independent, community-based abortion providers.

## Financial Assistance

Women's Health is committed to removing cost as an obstacle to needed reproductive health care. Because no government funds can be used to subsidize abortion services, Women's Health maintains a private fund, the **Reproductive Equality Fund (REF)**, to reduce the cost of abortion care for our patients in need. REF is funded entirely through donations from caring individuals in our community. We also facilitate assistance provided by the National Abortion Federation and the Women's Freedom Fund, a project of NARAL Pro-Choice Colorado.



**326 ABORTION PROCEDURES**

In-Clinic Procedure  
57%

Medication  
Abortion 43%

**\$500+**

COST OF AN ABORTION PROCEDURE

**\$36,816**

FINANCIAL ASSISTANCE PROVIDED

**135 (41%)**

PATIENTS REQUESTED ASSISTANCE

**\$273**

AVERAGE ASSISTANCE PER PATIENT

# PROVIDING CONFIDENTIAL SERVICES FOR TEENS

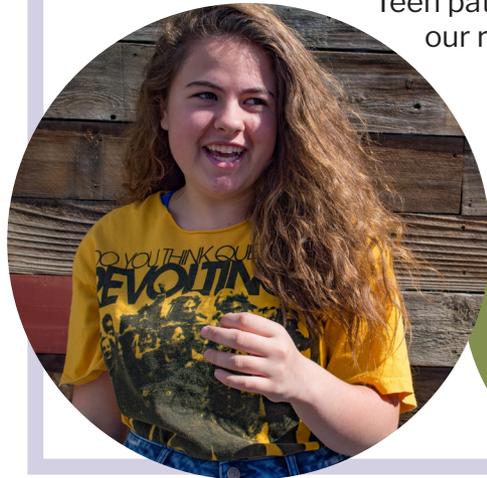
## Teen Clinic

Confidentiality and cost are common barriers for youth trying to access sexual health services. Women's Health opened the Boulder Teen Clinic in 1995 and Longmont Teen Clinic in 2006 to provide free and confidential services for teens. Parental involvement is encouraged but not required. Services are free of charge for patients under age 18, and free or discounted for 18-19 year olds. Teens may also use their parent's insurance, if they choose.

Teen patients are welcome during any of our regular Family Planning hours, or if

they prefer, they may be seen during "Teen Clinic" – time reserved exclusively for teens.

Teen Clinic services include birth control (including IUDs and implants), STI testing and treatment, emergency contraception, pregnancy testing and counseling, HPV vaccine, gynecological exams, and sexual health information.



### TEEN CLINIC (by gender, self-identified)

Female 89%  
Male 5%  
Trans or  
Nonbinary 6%  
**TOTAL 835**

### TEEN CLINIC (by age)

18-19 Year Olds 444  
17 & Under 391  
**TOTAL 835**

## TeenClinic.org & Text Line

Through an interactive Q&A feature on the TeenClinic.org website and our innovative Text Line, youth are able to ask sexual health questions anonymously and receive medically accurate answers from our sexual health educators.

# EDUCATING YOUTH AND THE COMMUNITY

## Community Health Education

Our Community Health Educators provide medically accurate, science-based comprehensive sexuality education in middle school and high school classrooms in the Boulder Valley and St. Vrain Valley School Districts. They also provide presentations to community groups and resources for teachers, parents/guardians, and youth-serving agencies.

### CHE Presentations

- 4,657 Students in the BVSD
  - 2,080 Students in the SVVSD
  - 34 Private school students
  - 16 Latina women age 18-24 in the Golden Z Club
- 6787** Youth and Young Adults reached in Boulder County in 2019

## Sexual Health Awareness & Peer Education (SHAPE)

SHAPE is a youth-directed peer education program focused on educating youth about STIs, contraception, and sexual health. During 2019, SHAPE members from various Boulder County high schools received training on sexual health and, in turn, educated their peers and the community through classroom presentations, one-on-one interactions, outreach events, social media, and lobbying at the State Capitol.

## Community Outreach

Women's Health maintains a visible presence in the community so that those who need us know about us. Our staff, volunteers and Board members table at health fairs, college campuses, and community events throughout Boulder County, with a special focus on reaching underserved populations such as low-income/uninsured people, and the Latinx and LGBTQ+ communities. We also do outreach to other nonprofits and social service agencies whose clients might benefit by our services.



# BEING FISCALLY RESPONSIBLE

## 2019 Statement of Activity

REVENUE	
Government Contracts	\$996,371
Grants and Contributions	\$455,692
Subsidized Program Revenue	\$907,653
Nonsubsidized Program Revenue	\$145,572
Fundraising Events (net expenses)	\$108,910
<b>Total Revenue</b>	<b>\$2,614,198</b>

EXPENSES	
Subsidized Programs	\$2,078,375
Nonsubsidized Programs (abortion care)	\$280,379
Management, Fundraising and General	\$332,180
<b>Total Expenses</b>	<b>\$2,690,934</b>

**EXCESS (DEFICIT) OF REVENUE OVER EXPENDITURES**  
(after depreciation) (\$76,736)

2019 financials are unaudited due to a delay in the audit process.

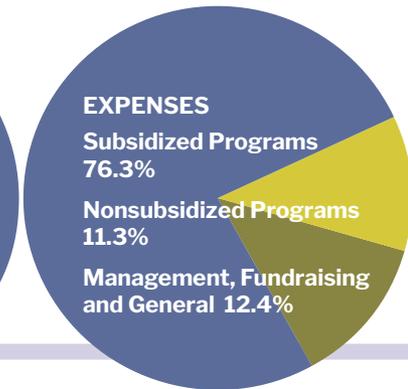
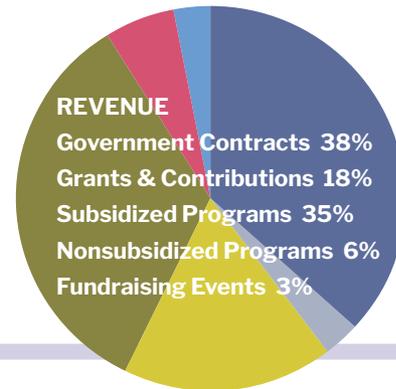
## 2019 Statement of Financial Position

ASSETS	
Current Assets	\$1,014,983
Property and Equipment	\$953,175
<b>Total Assets</b>	<b>\$1,968,158</b>

### LIABILITIES & NET ASSETS

Total Liabilities	\$147,594
Net Assets (with or without donor restrictions)	\$1,820,564

**TOTAL LIABILITIES AND NET ASSETS \$1,968,158**



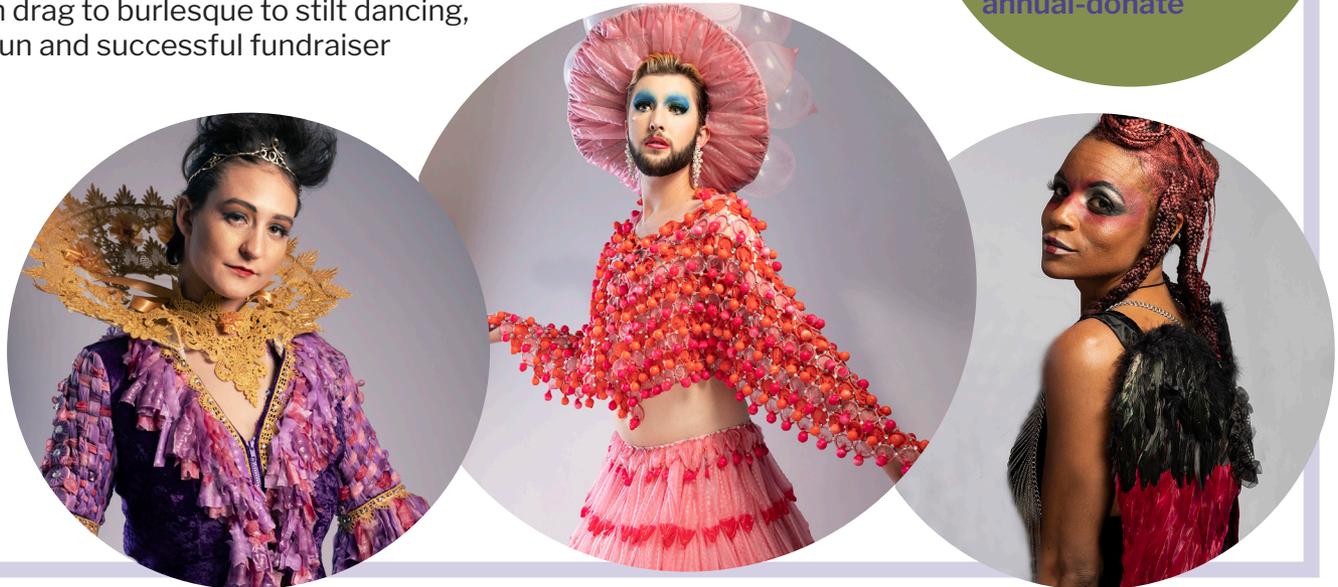
# ENGAGING OUR SUPPORTERS

## Condom Couture Cabaret

Condom Couture, our signature annual fundraiser, continues to wow our supporters with fashions created by local artists, designers, and crafters – all made of condoms!

In 2019, we held our 7th annual Condom Couture—but this year we transformed it from a condom fashion runway show into a cabaret! With performances from drag to burlesque to stilt dancing, this was our most fun and successful fundraiser yet.

We love getting together with our community for a good time, all while raising money for sexual health services and education. And we can't wait to see everyone at our next event!



You can help us keep our services accessible for everyone, regardless of income or insurance. Donate today: [bit.ly/bvwhc-annual-donate](https://bit.ly/bvwhc-annual-donate)

# MOVING FORWARD INTO 2020

## MESSAGE FROM OUR NEW CEO, CYNTHIA MOLINA

As we look into the future of Boulder Valley Women's Health Center, it's encouraging to know that we come from a dynamic past where we've evolved as an organization to best support our mission and our patients.

As I write this in the Spring of 2020, COVID-19 has without a doubt significantly affected our finances and the way in which we provide care to our patients. It is through the COVID-19 turmoil that we quickly adopted new technologies like our telehealth platform to ensure that our patients and staff are safe while still providing excellent care. We also streamlined our abortion services to continue providing quality abortion care at a safe distance.

Although COVID-19 provided us with a challenging start in 2020, we are all still excited to continue to grow as an organization, expand our services to our patients, and establish a greater presence in our community.

This year we are striving to expand access in our Longmont community by building upon our existing relationships with community partners and making connections with new ones. We are leveraging technology so we can better track health outcomes and our role in improving our community's health. Our teams have become very invested in improving the quality of care and the patient experience and are striving to include the patient voice in changes that we make in how

we deliver care.

We are looking forward to communicating with you in the coming months about our efforts and improvements. We truly value the support from our communities, since without you we wouldn't be standing here today.



Cynthia  
Molina, MNM

Chief  
Executive  
Officer



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boulderwomenshealth.org  
teenclinic.org



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